

GiambellOrto

Sustainability Impact Assessment Report

2024

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1. INTRODUCTION

This Sustainability Impact Assessment (SIA) report presents the impacts of Giambell'Orto. This report was created using SHARING SOLUTIONS – the SHARING SOLUTIONS Impact Assessment Toolkit.

SHARING SOLUTIONS was designed to illustrate the broad spectrum of impacts that food sharing initiatives have on the sustainability of food systems. Any initiative engaged in such activities around food can be classed as a food sharing initiative. Food sharing can be growing, cooking and eating together or redistributing surplus food to others.

The SHARING SOLUTIONS framework contains 34 sustainability indicators that initiatives can select from as relevant to their specific activities. An indicator can be a quantitative or qualitative factor or variable. An indicator provides a simple and reliable means to capture information at a particular point and which can be used over time to identify changes. The indicators cover four pillars of sustainability for our food systems – Social, Environmental, Economic and Governance. Within these pillars, indicators are organised into 13 impact areas. For each indicator, initiatives are provided with several options to demonstrate their impact using quantitative and/or qualitative evidence.

For more information about the SHARING SOLUTIONS tool including the SIA framework please refer to the SHARING SOLUTIONS webpage: <https://app.sharingsolutions.eu>

2. IMPACT SUMMARY REPORT



WHO WE ARE

Name: GiambellOrto

Location: Milano



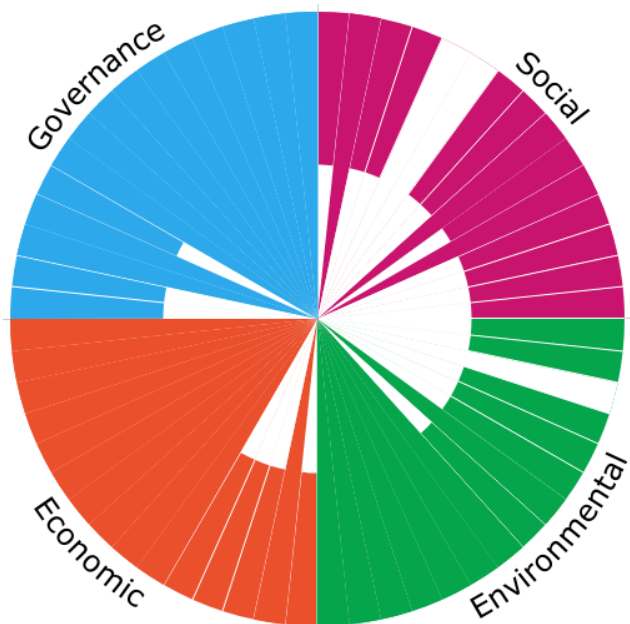
GOALS AND ACTIVITIES

Goals: GiambellOrto unites diverse cultural and social groups, fostering collaboration through food.

Activities: Growing Food Together, Multifunctional



IMPACT HIGHLIGHTS



► Our key areas of significant impact are

- Increased access to and consumption of fresh food
- Connecting and creating new support networks within communities
- Maintaining and improving soil quality



KEY IMPACTS



FOOD SHARING BENEFITS

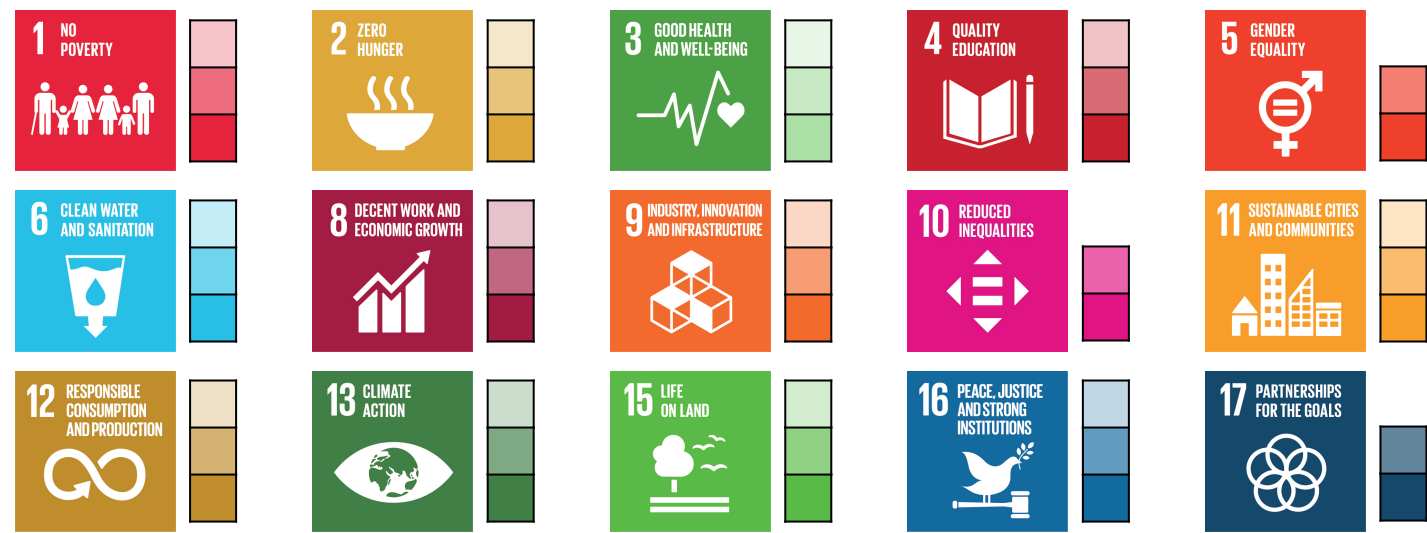
The sharing element of food sharing creates unique positive benefits like fostering social cohesion and reducing loneliness. The direct and indirect benefits our food sharing generates are indicated below.





HOW WE CONTRIBUTE TO THE UN SUSTAINABLE DEVELOPMENT GOALS

The United Nations uses a range of impact areas and indicators to measure progress towards the Sustainable Development Goals (SDGs). The following graphic shows how our activities are contributing to these goals at three levels by: (1) Contributing to the general ethos of a goal (2) Making a direct impact to an impact area; and (3) Making a major impact by contributing to an indicator.



Legend:

- Making a major direct impact towards this goal
- Making a direct impact towards this goal
- Contributing to the ethos of this goal

3. SUSTAINABILITY IMPACT ASSESSMENT

SOCIAL

COMMUNITY INTEGRATION AND SHARING

Increasing appreciation of different cultures across and within communities

How many people had the opportunity to mix and gain a greater understanding of other groups of people in their community (e.g. people of different ages, genders, abilities, race, ethnicity, origin, religion and/or socio-economic status) through your initiative?

20

How many people report or were observed having gained greater knowledge and understanding of other groups of people in their community through your initiative?

5

Do any of your activities specifically aim to empower and promote the inclusion of any vulnerable or marginalized groups of people (e.g. youth, persons with disabilities, indigenous peoples, women, etc)?

persone in pensione, madri di famiglia, persone che vivono sole

Share any other relevant information about how your initiative helps empower and promote the inclusion of vulnerable or marginalised groups (e.g. youth, persons with disabilities, indigenous peoples, women, etc)

l'iniziativa è pensata per essere aperta a diverse tipologie di gruppi e permette di sperimentare attività accessibili per tutti

Fostering a wider food and sharing culture

How many other food sharing initiatives are you in regular contact with to exchange knowledge or collaborate?

9

How many volunteers and/or employees have moved on to join or establish another food sharing initiative?

2

ACCESS AND AFFORDABILITY OF FOOD

Increased access to and consumption of fruit and vegetables

How many portions of fruit and/or vegetables did your initiative distribute to people in the year being reported?

450

Share any other relevant information about how your initiative increases access to and consumption of fruit and vegetables (e.g. an awareness campaign you have run about healthy eating)

workshop sull'uso di eccedenze alimentari; lezione su riconoscimento erbe spontanee e uso in cucina

Increased access to and consumption of fresh food

How many people did your initiative distribute fresh food to?

500

How many people used your facilities to grow, store, cook and/or consume fresh food?

2000

HEALTH AND WELL-BEING

Connecting and creating new support networks within communities

How many people have increased their support or friendship network because of encountering your initiative?

20

How many people have increased their support or friendship network indirectly because of food donations you have facilitated?

30

Share any other relevant information about how your initiative supports connecting and creating new support networks within communities (e.g. stories about friendships formed because of engaging with your initiative)

alcune signore passano a salutare nei momenti del raccolto

Boosting levels of meal sharing

How many people have shared meals at events run by your initiative

2000

Share any other relevant information about how your initiative is boosting levels of meal sharing (e.g. stories from participants about how opportunities to share a meal has improved their wellbeing)

permettiamo di usare lo spazio per organizzare feste, pic nic e altre iniziative gratuite e aperte al quartiere

Increasing well-being through volunteering

How many volunteers have reported that their self-confidence has improved through participating in your initiative?

2

How many volunteers have reported that their physical health and well-being has improved through participating in your initiative?

8

How many volunteers have reported that their mental health and well-being has improved through participating in your initiative?

8

How many volunteers have reported an increased feeling of belonging in their community through participating in your initiative?

8

How many volunteers have reported increased social interactions and friendships through participating in your initiative?

8

Share any other relevant information about how your initiative is increasing well-being through volunteering (e.g. stories of volunteers making new friends)

network delle Rape metropolitane, dove i volontari si conoscono e si scambiano esperienze e informazioni

Increasing movement and exercise

How many people engaged in moderate exercise through participating in your initiative?

20

EDUCATION AND FOOD CHOICES – SOCIAL

Thinking about issues beyond price when buying food

How many people now consider issues beyond price when buying food because of participating in your initiative?

8

Share any other relevant information about how your initiative supports thinking about issues beyond price when buying food

siamo tutti parte di un Gruppo di Acquisto Solidale (GnambelGas)

Increasing engagement in growing food

How many people grow food at your initiative's location?

8

How many people grow food at home or in their community because of participating in your initiative?

8

Increased confidence and participation in cooking

How many people attended your events that were (at least partially) designed to improve their confidence and ability to cook for themselves and others?

30

How many people report that they are more likely to cook for others because of participating in your initiative?

8

Discovery of new fresh foods

How many people attended your events that were (at least partially) designed to introduce new types of fresh food?

30

How many people reported eating new types of fresh food through participating in your initiative?

30

Share any other relevant information about how your initiative helps people discover new fresh foods

workshop di riconoscimento erbe spontanee e usi in cucina

ENVIRONMENTAL

AGRICULTURAL PRACTICES

Diverting organic waste from landfill

How many estimated kg of organic waste has your initiative diverted from landfill through composting?

400

How many people attended your events which were at least partially about composting?

30

Select from the following the best description of your composting activities

We collect and compost our organic material and use this material for our own growing operations.

Share any other relevant information about how your initiative diverts organic waste from landfill

è molto basico ma funzionale alla quantità di compost che abbiamo necessità di produrre per rigenerare il suolo e rincalzare le prose

Water recovery

Describe the system you have in place for water recovery

vorremmo installare un raccoglitore dell'acqua piovana

Maintaining and improving soil quality

Share any relevant information about how your initiative maintains and improves soil quality

lasciamo alcune prose a riposo in alcune parti dell'anno; usiamo cippato e altri materiali per ridurre le infestanti; rivoltiamo il terreno solo una volta l'anno, per la restante parte aggiungiamo strati di compost

Maintaining and improving biodiversity

Share any relevant information about how your initiative maintains and improves biodiversity

eventi didattici

FOOD WASTE

Food waste reduction

How many people attended your events that were designed to reduce their food waste?

20

What percentage of food that your initiative handled was wasted?

2

CARBON FOOTPRINT

Reducing the carbon footprint of the food system

Share any other relevant information about how your initiative reduces its carbon footprint (e.g. stories of your participants being inspired to make changes to reduce their carbon footprint because of your events or programs)

la nostra iniziativa facilita la riduzione della catena alimentare

EDUCATION AND FOOD CHOICES – ENVIRONMENTAL

Reducing food packaging

How many people report reducing their amount of food packaging because of participating in your initiative?

8

Share any other relevant information about how your initiative reduces food packaging.

riutilizziamo sacchetti di carta per portare a casa il raccolto

ECONOMIC

JOBS

Training and jobs

Share any other relevant information about how your initiative supports training and jobs.

grazie al contatto tra persone di diversa provenienza o con diverse esperienze di vita, alcuni dei nostri volontari hanno trovato lavoro

LOCAL FOOD PRODUCTION

Contribution to food production

How many estimated kg of food did your initiative produce?

1350

How much space (m² of land, rooftops, walls etc.) has your initiative converted/reclaimed for growing food?

120

How many estimated kg of food did your initiative produce per m² of space?

11.25

AFFORDABILITY OF FOOD

Reducing pressure on food budgets

How much did your initiative save, in total, to local people's food budgets through providing food or meals?

1350

How much, on average, did people report saving to their annual food budget because of the knowledge or skills they acquired by participating in your initiative?

169

EDUCATION AND FOOD CHOICES – ECONOMIC

Sharing specific skills and knowledge about the food system

How many people attended your events or received educational material specifically aimed at increasing knowledge about food or the food system?

30

GOVERNANCE

CIVIC ENGAGEMENT

Contributing to policy development

List key activities your initiative did to establish more sustainable food policies at the local, regional, or national level.

partecipazione a iniziative internazionali di scambio di conoscenza; partecipazione alla rete cittad

Sharing knowledge and good practice

Select from the following any activities your initiative does to share knowledge and best practices.

Advised or assisted other food initiatives in adopting similar practices to your initiative.,Posted online content promoting the use of practices you implement which tackle important issues in the food system.,Participated in relevant region or regional networks for food sharing activities. For example, a community growers network.

STRATEGIC PLANNING

Strategic planning and sustainability

Select from the following the best description of your formal planning processes.

No formal plan.

Stakeholder engagement

Select from the following the best description of your strategy for identifying, engaging, and managing your relationships with stakeholders.

We have no formal strategy relating to our stakeholders.

RISK CONTROL

Risk control

Select from the following the best description of your current strategy for identifying and reducing risks facing your initiative.

We currently have no formal strategy to identify the major risks to our initiative

Provide a summary of any steps you have taken in the last twelve months to minimise the major risks to the viability of your initiative.

stiamo lavorando per il mantenimento dello spazio che rischia di essere divelto per un processo di riqualificazione dell'area; partecipazione al SIA (Sustainability Impact Assessment)

4. Disclaimer

This report was produced using the SHARING SOLUTIONS Toolkit which was designed as part of the European Research Council (ERC) SHARECITY project (Grant No. 646883) and developed with an ERC PoC Award (No. 101069183). The data entered in this report is the sole responsibility of the initiative entering the data, it was not independently verified by the SHARING SOLUTIONS Team. Any errors therefore remain the responsibility of the initiative.



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



Horizon 2020
European Union funding
for Research & Innovation



European Research Council
Established by the European Commission