

**SOLIDANDO**

**Sustainability Impact Assessment Report**

**2024**

## Contents

1. Introduction	p. 3
2. Impact summary report	p. 4
3. Sustainability impact assessment	p. 8
4. Disclaimer	p. 20

# 1. INTRODUCTION

This Sustainability Impact Assessment (SIA) report presents the impacts of SOLIDANDO. This report was created using SHARING SOLUTIONS – the SHARING SOLUTIONS Impact Assessment Toolkit.

SHARING SOLUTIONS was designed to illustrate the broad spectrum of impacts that food sharing initiatives have on the sustainability of food systems. Any initiative engaged in such activities around food can be classed as a food sharing initiative. Food sharing can be growing, cooking and eating together or redistributing surplus food to others.

The SHARING SOLUTIONS framework contains 34 sustainability indicators that initiatives can select from as relevant to their specific activities. An indicator can be a quantitative or qualitative factor or variable. An indicator provides a simple and reliable means to capture information at a particular point and which can be used over time to identify changes. The indicators cover four pillars of sustainability for our food systems – Social, Environmental, Economic and Governance. Within these pillars, indicators are organised into 13 impact areas. For each indicator, initiatives are provided with several options to demonstrate their impact using quantitative and/or qualitative evidence.

For more information about the SHARING SOLUTIONS tool including the SIA framework please refer to the SHARING SOLUTIONS webpage: <https://app.sharingsolutions.eu>

## 2. IMPACT SUMMARY REPORT



### WHO WE ARE

**Name:** SOLIDANDO

**Location:** Milano



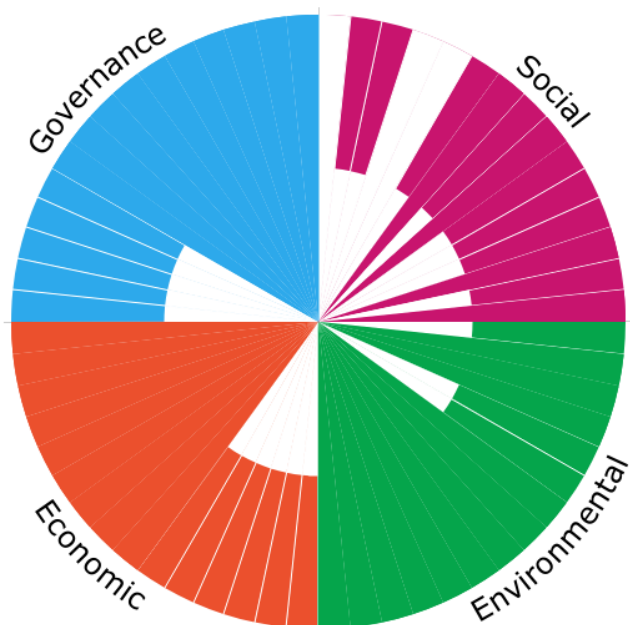
### GOALS AND ACTIVITIES

**Goals:** Support vulnerable families in the process of recovering their autonomy

**Activities:** Multifunctional



### IMPACT HIGHLIGHTS



#### ► Our key areas of significant impact are

- Increasing appreciation of different cultures across and within communities
- Increased access to and consumption of fruit and vegetables
- Increased access to and consumption of fresh food



KEY IMPACTS



## FOOD SHARING BENEFITS

The sharing element of food sharing creates unique positive benefits like fostering social cohesion and reducing loneliness. The direct and indirect benefits our food sharing generates are indicated below.





# HOW WE CONTRIBUTE TO THE UN SUSTAINABLE DEVELOPMENT GOALS

The United Nations uses a range of impact areas and indicators to measure progress towards the Sustainable Development Goals (SDGs). The following graphic shows how our activities are contributing to these goals at three levels by: (1) Contributing to the general ethos of a goal (2) Making a direct impact to an impact area; and (3) Making a major impact by contributing to an indicator.



## Legend:

- Making a major direct impact towards this goal
- Making a direct impact towards this goal
- Contributing to the ethos of this goal

### 3. SUSTAINABILITY IMPACT ASSESSMENT

#### SOCIAL

##### COMMUNITY INTEGRATION AND SHARING

###### Increasing appreciation of different cultures across and within communities

How many people had the opportunity to mix and gain a greater understanding of other groups of people in their community (e.g. people of different ages, genders, abilities, race, ethnicity, origin, religion and/or socio-economic status) through your initiative?

1100

How many people report or were observed having gained greater knowledge and understanding of other groups of people in their community through your initiative?

100

Do any of your activities specifically aim to empower and promote the inclusion of any vulnerable or marginalized groups of people (e.g. youth, persons with disabilities, indigenous peoples, women, etc)?

Si corsi di lingua italiana per 300 persone all'anno, servizio contro la dispersione scolastica per 70 ragazzi di seconda generazione

Share any other relevant information about how your initiative helps empower and promote the inclusion of vulnerable or marginalised groups (e.g. youth, persons with disabilities, indigenous peoples, women, etc)

Il lavoro di rete con altri Enti non profit, la dignità delle persone assistite come filosofia di lavoro, dare strumenti e non solo risposte

###### Improving communication skills

How many people report or were observed having improved their communication skills because of engagement with your initiative?

300



Share any other relevant information about how your initiative supports improving communication skills (e.g. supporting social interaction, improving language skills and/or testimonies from participants)

Corsi di lingua italiana, e visite guidate ai beni culturali della città

### **Fostering a wider food and sharing culture**

How many other food sharing initiatives are you in regular contact with to exchange knowledge or collaborate?

28

How many volunteers and/or employees have moved on to join or establish another food sharing initiative?

1

Share any other relevant information about how your initiative helps foster a wider food and sharing culture (e.g. stories from participants, volunteers, employees, and/or other food sharing initiatives that you collaborate with)

Collaborare con la Food Policy di Milano e l'iniziativa con il mercato biologico che ospitiamo, ed il lavoro con le scuole che ci visitano

## **ACCESS AND AFFORDABILITY OF FOOD**

### **Increased access to and consumption of fruit and vegetables**

How many portions of fruit and/or vegetables did your initiative distribute to people in the year being reported?

18046

How many people report eating more fruit and vegetables since encountering your initiative?

1970

Share any other relevant information about how your initiative increases access to and consumption of fruit and vegetables (e.g. an awareness campaign you have run about healthy eating)

Distribuendo frutta fresca ogni giorno recuperata da grande distribuzione organizzata ed ortomercato in pacchi da 2 kg

### Increased access to and consumption of fresh food

How many people did your initiative distribute fresh food to?

1970

Share any other relevant information about how your initiative increases access to and consumption of fresh food and/or freshly prepared meals. (e.g. stories from people who attended events, cooking classes, workshops, etc.)

Abbiamo un laboratorio che produce gastronomia ogni giorno

## HEALTH AND WELL-BEING

### Connecting and creating new support networks within communities

Share any other relevant information about how your initiative supports connecting and creating new support networks within communities (e.g. stories about friendships formed because of engaging with your initiative)

Abbiamo una segreteria sociale che lavora con gli altri enti non profit condividendo i progetti educativi sui nuclei familiari beneficiari

### Increasing well-being through volunteering

How many volunteers have reported an increased feeling of belonging in their community through participating in your initiative?

190

How many volunteers have reported increased social interactions and friendships through participating in your initiative?

190

## Increasing movement and exercise

How many people engaged in moderate exercise through participating in your initiative?

100

Share any other relevant information about how your initiative is increasing movement and exercise (e.g. stories of how participants became more active and/or experienced other health benefits from getting involved in your programs)

tutte le attività di volontariato collegate all'emergenza alimentare implicano attività fisica di movimentazione merce

## Increasing access to health and well-being services

How many people found out about health and well-being services through participating in your initiative?

1002

How many referrals to health and well-being services have been provided by your initiative?

258

Share any other relevant information about how your initiative is increasing access to health and well-being services

Rileviamo il malessere psicologico inconsapevole degli studenti che frequentano il servizio

## EDUCATION AND FOOD CHOICES – SOCIAL

### Thinking about issues beyond price when buying food

Share any other relevant information about how your initiative supports thinking about issues beyond price when buying food

Supportando l'iniziativa del mercato agricolo e biologico che ospitiamo nei nostri spazi

### Increased confidence and participation in cooking

How many people attended your events that were (at least partially) designed to improve their confidence and ability to cook for themselves and others?

9

Share any other relevant information about how your initiative increases confidence and participation in cooking

Abbiamo realizzato una grande cena iftar cucinata da 9 donne ed offerta a circa 100 persone residenti nel caseggiato adiacente a solidando 2

## ENVIRONMENTAL

### AGRICULTURAL PRACTICES

#### Diverting organic waste from landfill

Select from the following the best description of your composting activities

We collect our own organic material but send it for composting elsewhere.

Share any other relevant information about how your initiative diverts organic waste from landfill

Ridistribuzione delle eccedenze alimentari per uso animale

### FOOD WASTE

#### Food waste reduction

How many people attended your events that were designed to reduce their food waste?

100

How many estimated kg of food waste did your initiative rescue?

40000

What percentage of food that your initiative handled was wasted?

1

How many estimated kg of rescued food did your initiative use at events?

100

### CARBON FOOTPRINT

#### Reducing the carbon footprint of the food system

Select from the following any carbon footprint reducing activities your initiative does (can select multiple options):

Rescuing food that would otherwise have been sent to landfill,Accepting donated food that may otherwise have been sent to landfill

## ECONOMIC

### JOBS

#### Training and jobs

How many people participated in a training or employment scheme with your initiative?

50

How many people have found work after participating in a training or employment scheme with your initiative?

40

Share any other relevant information about how your initiative supports training and jobs.

Collaboriamo con Azione Contro la Fame per trovare contatti con datori di lavoro formare ed orientare i beneficiari

#### Fairly paid work

What percentage of your part-time employees are paid a rate 10% or more above the legal minimum wage?

100

What percentage of your full-time employees are paid a rate 10% or more above the legal minimum wage?

100

Share any other relevant information about how your initiative supports fairly paid work.

Lavoriamo con risorse proprie e non dipendiamo totalmente da progetti finanziati o appalti pubblici per questo abbiamo politiche retributive favorevoli

## LOCAL FOOD PRODUCTION

### Contribution to food production

How many estimated kg of food did your initiative produce?

1000

How many estimated kg of food did your initiative produce per m2 of space?

0.2

Share any other relevant information about how your initiative contributes to food production.

produciamo prodotti di gastronomia e pane con un forno sociale

## AFFORDABILITY OF FOOD

### Reducing pressure on food budgets

How much did your initiative save, in total, to local people's food budgets through providing food or meals?

1296000

Share any other relevant information about how your initiative is reducing pressure on food budgets.

Garantiamo ogni mese mediamente 250 euro di prodotti alimentari per ogni nucleo familiare nostro beneficiario

## EDUCATION AND FOOD CHOICES – ECONOMIC

### Sharing specific skills and knowledge about the food system

Share any other relevant information about how your initiative shares specific skills and knowledge about food and the food system.

Diffondiamo materiale informativo ai beneficiari del social market ed abbiamo un progetto di educazione alimentare

### Formal qualifications



How many people gained formal qualifications relating, at least partially, to food because of participating in your initiative?

75

Share any other relevant information about how your initiative supports formal qualifications.

Tutti i volontari che maneggiano cibo seguono un corso HACCP

## GOVERNANCE

### CIVIC ENGAGEMENT

#### Contributing to policy development

List key activities your initiative did to establish more sustainable food policies at the local, regional, or national level.

Collaborando attivamente con la Food Policy del Comune di Milano

#### Sharing knowledge and good practice

Select from the following any activities your initiative does to share knowledge and best practices.

Hosted events to promote and educate about specialist practices your initiative implements.,Advised or assisted other food initiatives in adopting similar practices to your initiative.

Share here any other relevant information about how your initiative shares knowledge and good practice.

Contribuito tramite la testimonianza della nostra iniziativa a corsi di formazione fuori regione.  
Essere parte della Food Policy

### STRATEGIC PLANNING

#### Strategic planning and sustainability

Select from the following the best description of your formal planning processes.

We have a formal plan but it doesn't specifically link the goals for our initiative to sustainability issues.

#### Stakeholder engagement

Select from the following the best description of your strategy for identifying, engaging, and managing your relationships with stakeholders.

We have a strategy to identify the relevant stakeholders for our initiative and regularly review them.

## RISK CONTROL

### Risk control

Select from the following the best description of your current strategy for identifying and reducing risks facing your initiative.

We have implemented a strategy which we believe will reduce the major risks to our initiative in the future (for example starting a fundraising campaign to deal with a specific issue)

Provide a summary of any steps you have taken in the last twelve months to minimise the major risks to the viability of your initiative.

Abbiamo pianificato di incontrare e coinvolgere un numero sempre maggiore di donatori di prodotti continuativi

## 4. Disclaimer

This report was produced using the SHARING SOLUTIONS Toolkit which was designed as part of the European Research Council (ERC) SHARECITY project (Grant No. 646883) and developed with an ERC PoC Award (No. 101069183). The data entered in this report is the sole responsibility of the initiative entering the data, it was not independently verified by the SHARING SOLUTIONS Team. Any errors therefore remain the responsibility of the initiative.



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